



# November

# 2022 BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Cereal Egg, Yogurt Fruit Milk	1 <b>NO SCHOOL</b> Parent/Teacher Conferences	2 Bagel Cream Cheese, Egg Fruit Milk	3 English Muffin Sausage, Cheese Fruit, Milk	4 Cinnamon Roll String Cheese Yogurt Fruit/Milk
7 Cereal Egg, Yogurt Fruit Milk	8 French Toast Ham Fruit, Milk	9 Waffle Egg Fruit, Milk	10 Oatmeal Sausage Fruit, Milk	11 <b>NO SCHOOL</b> Veteran's Day
14 Cereal Egg, Muffin Fruit Milk	15 Yogurt Parfait Muffin Fruit Milk	16 Bagel Cream Cheese, Egg Fruit Milk	17 Pancakes Sausage Fruit, Milk	18 Cinnamon Roll String Cheese Yogurt Fruit/Milk
21	22	23	24	25
<b>Thanksgiving Break</b>				
28 Cereal Egg, Muffin Fruit Milk	29 French Toast Ham Fruit, Milk	30 Waffle Egg Fruit, Milk	Dec 1 Oatmeal Sausage Fruit, Milk	Dec 2 Cinnamon Roll String Cheese Yogurt Fruit, Milk