

SAFE Program

November 2022 5pm Snack

Subject to Availability

Monday	Tuesday	Wednesday	Thursday	Friday
31 Cheese stick 1oz Whole Grain Cookies 1oz ea.	1 No School	2 Yogurt 4oz Graham Bears 1oz. eq.	3 Cheese stick 1oz. Sun Chips 1oz. eq.	4 Juice ¾ cup Whole Grain Snack 1oz. eq.
7 Cheese stick 1oz Whole Grain Cookies 1oz ea.	8 Juice ¾ cup Whole Grain Snack 1oz. eq.	9 Yogurt 4oz Graham Bears 1oz. eq.	10 Cheese stick 1oz. Sun Chips 1oz. eq.	11 No School
14 Cheese stick 1oz Whole Grain Cookies 1oz ea.	15 Juice ¾ cup Whole Grain Snack 1oz. eq.	16 Yogurt 4oz Graham Bears 1oz. eq.	17 Cheese stick 1oz. Sun Chips 1oz. eq.	18 Juice ¾ cup Whole Grain Snack 1oz. eq.
21 No School	22 No School	23 No School	24 No School	25 No School
28 Cheese stick 1oz Whole Grain Cookies 1oz ea.	29 Juice ¾ cup Whole Grain Snack 1oz. eq.	30 Yogurt 4oz Graham Bears 1oz. eq.	Dec. 1 Cheese stick 1oz. Sun Chips 1oz. eq.	Dec.2 Juice ¾ cup Whole Grain Snack 1oz. eq.