



# SVUSD WELLNESS POLICY

## WHAT IT SAYS

**The Board of Trustees recognizes the link between student health and learning and desires to provide a comprehensive program promoting healthy eating and physical activity for district students.**

To this end the Board adopted policy BP 5030 which:

- *Outlines goals for a nutrition education program that is based on research, is consistent with established state curriculum frameworks, and is designed to build skills and knowledge that all students need to maintain a healthy lifestyle.*
- *Provide a nutrition education program that includes, but is not limited to, information about the benefits of healthy eating for learning, disease prevention, weight management, and oral health.*
- *Integrate, as appropriate the health education program into other academic subjects in the regular educational program, after-school programs, and school garden programs.*
- *Prohibits the marketing and advertising of non-nutritious foods and beverages through signage, vending machine fronts, logos, scoreboards, and school supplies, advertisements in school publications, coupon or incentive programs free give-aways, or other means.*
- *All foods and beverages sold to students at district schools should support the health curriculum and promote optimal health.*
- *Encourages school organizations to use healthy food items or non-food items for fundraising purposes.*
- *Encourages school staff to avoid the use of non-nutritious foods for rewards for students' academic performance, accomplishments, or classroom behavior.*
- *Encourages parents/volunteers to support the district's nutrition education program when selecting any snacks which will be donated for the occasional class celebration.*
- *Commits to class parties or celebrations being held after the lunch period whenever possible.*

For a complete text of the SVUSD Wellness Policy  
please contact your local school or the district office  
ask for BP 5030 (approved 9/18/13)

